

BLUEPRINTS MODEL PROGRAMS



*LST Teacher
Training*

The following Blueprints Model Programs were selected from a review of over 1,400 youth promotion programs. The selection criteria for the Blueprints programs establishes a very high standard—one that proved difficult to meet.

Blues Program
Body Project
Brief Alcohol Screening and Intervention for College Students (BASICS)
Functional Family Therapy (FFT)
LifeSkills Training (LST)
Maryland Ignition Interlock License Restriction (Policy)
Multisystemic Therapy - Problem Sexual Behavior (MST-PSB)
Multisystemic Therapy® (MST®)
New Beginnings (for children of divorce)
Nurse-Family Partnership
Parent Management Training
Positive Action
Project Towards No Drug Abuse
Promoting Alternative Thinking Strategies (PATHS)
Treatment Foster Care Oregon

MODEL PROGRAMS



Model programs meet these additional standards:

- Evaluation Quality: A minimum of (a) two high quality randomized control trials or (b) one high quality randomized control trial plus one high quality quasi-experimental evaluation.
- Positive intervention impact is sustained for a minimum of 12 months after the program intervention ends.