



24/7 Dad

SCHEDULE



HEALTH PROMOTION COUNCIL'S
FOCUS ON FATHERS
a PHMC affiliate program

Wednesdays & Thursdays, 5:00 PM-7:00 PM
Attend Classes Virtually Via "Zoom"

Date	Topic
08-05-20	*Class Orientation*
08-12-20	Family History*
08-13-20	What It Means To Be A Man
08-19-20	Showing And Handling Feelings
08-20-20	Men's Health *
08-26-20	Communication
08-27-20	The Father's Role
09-02-20	Discipline
09-03-20	Children's Growth*
09-09-20	Getting Involved
09-10-20	Dads And Work
09-16-20	My 24/7 Dad Checklist
09-17-20	Working with Mom And Co-Parenting
09-23-20	Dealing with Conflict; Learning to Forgive

*Last day to begin attending class is 08-20-2020 - Up to \$150 in incentives based on attendance

Contact Larry Woody: 267-765-2361 or make a referral at focusonfathers.org

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