

PHMC health network

Join us in celebrating
National Health Center Week

**COMMUNITY HEALTH CENTERS:
THE ROADMAP TO A STRONGER AMERICA**

August 6-12, 2023

Visit **Congreso Health Center** for resources and information on health and wellness! Food and giveaway items will be provided.



Themes of the week will include:

- **Preventive Health Care Day**
Monday, August 7
Blood pressure checks and other health screenings
- **Resource Day**
Tuesday, August 8
Information about PHMC's services and programs & healthy snack demonstrations
- **Patient Appreciation Day**
Wednesday, August 9
Mental health resources
- **Children's Day**
Thursday, August 10
Face paintings and back-to-school supplies
- **Staff Appreciation Day**
Friday, August 11



WALK-INS AND APPOINTMENTS
855.887.9229
p hmchealthnetwork.org



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