Join us in celebrating
National Health Center Week

COMMUNITY HEALTH CENTERS:
THE ROADMAP TO A STRONGER AMERICA
August 6-12, 2023

Visit Congreso Health Center for resources and information on health and wellness! Food and giveaway items will be provided.

Themes of the week will include:

• **Preventive Health Care Day**  
  *Monday, August 7*  
  Blood pressure checks and other health screenings

• **Resource Day**  
  *Tuesday, August 8*  
  Information about PHMC’s services and programs & healthy snack demonstrations

• **Patient Appreciation Day**  
  *Wednesday, August 9*  
  Mental health resources

• **Children’s Day**  
  *Thursday, August 10*  
  Face paintings and back-to-school supplies

• **Staff Appreciation Day**  
  *Friday, August 11*