

# PHMC health network

Join us in celebrating  
***National Health Center Week***

**COMMUNITY HEALTH CENTERS:  
THE ROADMAP TO A STRONGER AMERICA**

August 6-12, 2023

Visit **Mary Howard Health Center** for resources and information on health and wellness! Food and giveaway items will be provided.



## Themes of the week will include:

- **Preventive Health Care Day**  
*Monday, August 7*  
Education on preventive care, managing chronic health conditions & heat safety
- **Resource Day**  
*Tuesday, August 8*  
Information about PHMC's services and programs
- **Patient Appreciation Day**  
*Wednesday, August 9*  
Information about health and wellness resources
- **Healthcare for the Homeless Day**  
*Thursday, August 10*  
Hygiene and first aid kits
- **Staff Appreciation Day**  
*Friday, August 11*



WALK-INS AND APPOINTMENTS  
**855.887.9229**  
[p hmchealthnetwork.org](http://p hmchealthnetwork.org)



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Philadelphia, PA 19107  
(Entrance on Sansom Street)